

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM - 7AM							
7AM - 9AM							
9AM - MIDDAY							
MIDDAY - 1PM							
1PM - 2:30PM							
2:30PM - ONWARDS							
6PM - 9PM							
9PM - 9:30PM							
9:30PM - ONWARDS							