

// WHAT ARE YOUR TOP BIG 3 GOALS YOU WANT TO ACHIEVE THIS MONTH? ENTER THEM IN BELOW AND BREAK THEM DOWN INTO EASY STEPS FOR EACH WEEK

* Don't overwhelm yourself. 1 completed small goal is ALWAYS better than 3 big goals not started.

MONTHLY GOALS - THE BIG 3

Achieved

// 1 _____

// 2 _____

// 3 _____

ENTER YOUR 1-3 MINI GOALS FOR EACH WEEK TO ACHIEVE

WEEK 1 TOP 3 MINI GOALS

// 1 _____

// 2 _____

// 3 _____

WEEK 2 TOP 3 MINI GOALS

// 1 _____

// 2 _____

// 3 _____

WEEK 3 TOP 3 MINI GOALS

// 1 _____

// 2 _____

// 3 _____

WEEK 4 TOP 3 MINI GOALS

// 1 _____

// 2 _____

// 3 _____

END OF MONTH REVIEW

// What did/didn't work?

// Any changes?
